The Bellingham Practice

Travel Vaccinations – updated October 2024

If you are travelling abroad, it is very important that you check for up to date information on which vaccinations are necessary or recommended for the areas you’ll be visiting.

Please plan and seek advice **at least a month before travel** (two months if taking a prolonged trip or visiting many countries (e.g. - gap year) as most vaccines take 7-10 days to be fully effective and you may need to complete a course of several injections.

Hadrian Primary Care Alliance, our GP Federation in West Northumberland, have recently partnered with MASTA Travel Vaccination clinics to provide a private local clinic service at Hexham Primary Care Centre on a Saturday, commencing 21.09.24.

Appointments are bookable via the 'Find a Clinic' link on the MASTA website:

Clinic Details – MASTA Travel Health For All Your Vaccination advice

(masta-travel-health.com)

You will need to book an appointment for the initial travel consultation (provided over the phone by a MASTA Nurse) as well as the appointment at Hexham when you will be given any recommended vaccines for your travel plans.

Please have knowledge of your vaccination history – you can obtain this from your online medical record or your NHS APP. Alternatively, please contact your GP surgery who can give you a printout of your vaccination history – free of charge.

During the initial travel consultation, the MASTA Nurse will advise you of the necessary advice and vaccinations for the destination you are travelling to. They will provide you with confirmation of this and let you know if any of the vaccinations are available on the NHS, on production of the MASTA travel recommendation summary.

Any vaccines undertaken at the clinic appointment in Hexham will be **chargeable,** **including those on the NHS**. It is therefore advisable to book your travel consultation with MASTA, with sufficient time to allow for the booking of any vaccines available on the NHS at the practice.

**Under NHS services we can vaccinate free of charge against Diphtheria, Polio and Tetanus, Hepatitis A and Typhoid.**

**We require adequate notice for the booking of the free vaccinations, along with a copy of the MASTA travel recommendation.**

**If you are working in a disaster area, we can also vaccinate you against Cholera (we do not keep a stock of this vaccine and would need to order this for you).**

You can also ask your travel agent for travel clinic information, research locations via the internet, or contact one of the outlets below:

Superdrug Travel Clinic Newcastle  
46-52 Northumberland Street, Newcastle, NE1 7DF  
Phone: 08 443 260 746/0191 260 3190

Newcastle Medical Centre, Boots the Chemist Hotspur Way, Eldon Square, Newcastle Upon Tyne, NE1 7XR Telephone: 0330 100 427

Boots The Chemist, Metro Centre, 46-52 Cameron Walk, Gateshead NE11 9YQ Telephone:01914932055

Newcastle Premier Health, Lower Ground Floor, Eldon House West, Regent Centre, Newcastle upon Tyne, NE3 3PW 0191 605 3140

**Please provide us with a copy of any vaccinations that you have had at a travel clinic, so that we can update your medical record. This will enable us to provide you with all accurate vaccination history information in the future.**

**Admin Protocol: Travel Vaccinations October 2024**