



Royal College of
General Practitioners



Talk to Us

– a guide for young people

Is something worrying you? Concerned your doctor may tell?

We provide a **CONFIDENTIAL** service to all our patients, including under-16s. This means we won't tell anyone else about your visit without your permission (sometimes called consent).

The only time we ever share information without your consent is if you or someone else could be in danger. We would always talk to you about this first.





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Did you know you
can be seen on
your own, even if
you're under 16?

We will be happy to
see just you, or bring
a friend or a parent
- you choose.

**We are here to help with your health and your emotional concerns.
You can talk to us and tell us what's worrying you. That's our job.**