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| **Bellingham** | 24 Jan, 12 noon–2.00 pm | \* Meal out, The Cheviot, Bellingham – phone 01434 608033 to book your place and give us your menu choices |
| (4th Thursday of month) | 28 Feb, 1-3.00 pm | Community Room, Bellingham Fire Station |
|  | 28 Mar, 1–3.00 pm | Community Room, Bellingham Fire Station |
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| **Haltwhistle** | 17 Jan, 10.00 am–1.00 pm | ‘Time for You’ event at Haltwhistle Library |
| (3rd Thursday of month) | 21 Feb, 10.30 am–12.30 pm | Haltwhistle Library |
|  | 21 Mar, 10.30 am–12.30 pm | Haltwhistle Library – Meet the Trustees |
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| **Hexham** | 23 Jan, 12 noon–2.00 pm | \* Meal out – Cafe Enna, Tyne Green, Hexham – phone 01434 608033 to book your place and give us your menu choices |
| (4th Wednesday of month) | 27 Feb, 1.00–3.00 pm | Trinity Methodist Hall, Beaumont Street, Hexham |
|  | 27 Mar, 1.00–3.00 pm | Trinity Methodist Hall, Beaumont Street, Hexham with Age UK talk about Attendance Allowance |
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| **Ponteland** | 3 Jan, 10.30 am-12.30 pm | Merton Hall, Ponteland |
| (1st Thursday of month) | 7 Feb, 10.30 am-12.30 pm | Merton Hall, Ponteland |
|  | 7 Mar, 10.30 am-12.30 pm | Merton Hall, Ponteland – Meet the Trustees |
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| **Prudhoe** | 16th Jan, 10.30 am-12.30 pm | The Manors, Prudhoe |
| (3rd Wednesday of month) | 20th Feb, 10.30 am-12.30 pm | The Manors, Prudhoe |
|  | 20th Mar, 10.30 am-12.30 pm | The Manors, Prudhoe |
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| **New Beginnings** | 15th Jan, meet at 2.30 pm | Vallum Farm Tea Room, Military Road – phone 01434 608033 to book your place |
|  | 26th Feb, meet at 2.30 pm | Vallum Farm Tea Room, Military Road– phone 01434 608033 to book your place |
|  | 12th Mar, meet at 2.30 pm | Vallum Farm Tea Room, Military Road– phone 01434 608033 to book your place |
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| **Transitions** | 22nd Jan, meet at 10.30 am | Wentworth Cafe, Hexham – phone 01434 608033 to book your place |
|  | 14th Mar, meet at 10.30 am | Wentworth Cafe, Hexham – phone 01434 608033 to book your place |

**\*Carers Northumberland will contribute up to £5 towards individual carers’ meals**

**First meeting? Ring if you would like to arrange to meet your local support worker before going into the meeting venue**

*We receive funding from a wide range of funders – thanks to all of them for supporting our work in your area and enabling us to offer these activities*